



The Greenside Food Experience: Autumn 2
Menu: Weeks 1, 4, 7

Monday	Spaghetti Bolognaise Cheese Wrap Fresh Salad Something Sweet: Yogurt with Raspberry Sauce
Tuesday	Veggie Chilli with Rice Tomato Soup with Focaccia Bread Tomato Salad with Vinaigrette Dressing Something Sweet: Flapjack
Wednesday	Jacket Potato with Baked Beans and Cheese Pasta Salad with Sourdough Bread Cucumber Salad Something Sweet: Fruit Crumble
Thursday	Nuggets and Fries with Ketchup or Herb Mayo Penne Pasta with Tomato Sauce and Basil Fresh Salad Something Sweet: Mixed Fruits
Friday	Greenside Burrito Cheese Wrap Tortilla Chips, Mexican Sweetcorn and Guacamole Something Sweet: Cinnamon and Sugar Sopapilla

***Alternatives are always available to meet individual needs**



The Greenside Food Experience: Autumn 2
Menu: Weeks 2, 5

Monday **Greenside Curry with Pilau or White Rice**
Fresh Salad

Something Sweet: Yogurt with Blueberry Sauce

Tuesday **Pasta Bake**
Roast Pepper Soup with Focaccia Bread
Greek Salad with Feta cheese

Something Sweet: Flapjack

Wednesday **Spaghetti with Pesto, Tomato or Carbonara Sauce**
Homemade Sourdough Bread
Cucumber

Something Sweet: Lemon Cake

Thursday **Sausage with Sweet Potato Fries**
Pasta with Penne, Tomato or Basil Sauce
Sourdough Bread

Something Sweet: Peach with Raspberry Sauce

Friday **Tomato Lentil Sauce with Rice**
Roasted Potato with Baked Beans
Cucumber

Something Sweet: Fruity Friday

***Alternatives are always available to meet individual needs**



The Greenside Food Experience: Autumn
Menu: Weeks 3,6

Monday **Katsu Curry with Rice**
Cheese Wrap
Seaweed or Cucumber

Something Sweet: Peach with Blueberry Sauce

Tuesday **Stir Fry Noodles**
Thai Soup with Focaccia Bread
Greens and Spring Rolls

Something Sweet: Chocolate Cake

Wednesday **Greenside Lasagne**
Jacket Potato with Baked Beans and Cheese
Tomato and Olive Salad

Something Sweet: Flapjack

Thursday **Meatballs with Hashbrowns**
Pasta with Tomato Basil Sauce and Sourdough Bread
Cucumber

Something Sweet: Crumble and Custard

Friday **Pizza**
Roast Potatoes with Baked Beans
Cucumber

Something Sweet:
Fruity Friday

***Alternatives are always available to meet individual needs**