

WHAT'S FOR LUNCH?

**AUTUMN TERM
WEEK 1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Paneer and chickpea curry (milk)	Roasted vegetable and tomato sauce	Chilli no carne	Vegetables and tofu stir fry (soy)	Margherita pizza (gluten, wheat, milk)
SIDES Where the main includes a side, an additional portion will be offered as an optional extra.	Rice Naan (gluten, wheat) Mango chutney (sulphites)	Pasta (gluten, wheat)	Baked potato	Noodles (wheat, gluten)	Included in main
VEGETABLES	Curried cauliflower (mustard)	Roasted sweetcorn Broccoli	Homemade coleslaw (egg)	Included in main	Mixed bean salad in vinaigrette (mustard, sulphites)
EXTRAS	EVERY DAY: Bread, cheese, cucumber, olives and salads • Fresh fruit WEDNESDAY: Cake of the week				

Freshly made at Greenside. Wherever possible, food is homemade on site using local, British ingredients. Allergen-free options will always be available.

WHAT'S FOR LUNCH?

**AUTUMN TERM
WEEK 2**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Greenside burrito with chickpea & tomato (gluten, wheat)	Crunchy shell taco	Mac and cheese (milk, gluten, wheat)	Vegetable and lentil lasagne (gluten, wheat, milk)	Vegan meatballs and tomato sauce
SIDES Where the main includes a side, an additional portion will be offered as an optional extra.	Rice	Potato wedges	Included in main	Bean salad	Pasta
VEGETABLES	Sweetcorn and peas Tomato salsa	Tomatoes Avocado	Sweetcorn and broccoli	Peas and green beans	Tomato salad
EXTRAS	EVERY DAY: Bread, cheese, cucumber, olives and salads • Fresh fruit WEDNESDAY: Cake of the week				

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