



## English Reading

### Intent

At Greenside, we believe that physical education is essential to every child's development—supporting their physical health, mental wellbeing, and social skills. Our intent is to deliver a broad, engaging and inclusive PE curriculum that:

- Develops pupils' physical literacy, fitness and motor skills
- Encourages enjoyment, participation and positive attitudes towards physical activity  
Builds resilience, teamwork, leadership and a strong sense of fair play
- Promotes healthy lifestyles and the confidence to try new activities
- Creates opportunities for all children to succeed and feel proud, both individually and as part of a team

We aim to ensure that all children leave Greenside with the knowledge, skills and motivation to continue being active for life.

### Implementation

To achieve this, we use the *Get Set for PE* programme to deliver a high-quality, progressive curriculum from EYFS to Year 6. Each unit is carefully planned to build on prior learning, develop core physical skills and introduce pupils to a range of sports and activities.

Our PE provision includes:

- Two PE lessons per week for all children
- A strong focus on inclusion, with adaptive teaching to meet the needs of all learners
- Cross-curricular links to health education and wellbeing
- A wide range of **after-school sports clubs**, open to all year groups



- Opportunities for children to represent Greenside in **competitive sporting events** across the borough
- Regular enrichment activities such as dance workshops, fitness challenges and sports festivals
- A growing leadership offer where older children support younger pupils in structured physical play

Our commitment to high-quality sport has been recognised through the *School Games Sports Mark Gold Award*.

### **Impact**

As a result of our rich and inclusive PE and sport provision:

- Children develop physical competence, confidence and enjoyment in physical activity
- Pupils demonstrate strong sportsmanship, teamwork and perseverance
- All children have the opportunity to take part in clubs and competitions, regardless of ability
- Physical activity is embedded in the culture of the school and celebrated across the curriculum
- Pupils leave Greenside with a positive attitude towards sport and an understanding of how to stay active and healthy throughout their lives